

UA.IC-S1



SY\ PWS\CYS

SY: PWS

Priorities of the World Science

The International Collection of the Scientific
Works of Young Scientists

Luhansk Taras Shevchenko National University
Kazan (Volga Region) Federal University
Tsyunchzhousky Institute
Gannan Normal University
Bahrain National University
Purdue University Fort Wayne



Ukrainian Science

URL: <http://www.luguniv.edu.ua>

UDC [001.891-053.81] (082)

BBK 72 I 43

N 34

Chief Editors:

Klimochkina Elena – Doctor of Science in medicine, Professor, Vice-rector for academic affairs and pedagogical work, Luhansk Taras Shevchenko National University

Proshkin Vladimir – Doctor of Philosophy in pedagogics, Associate professor, Head of Graduate Division, Luhansk Taras Shevchenko National University

Dragnev Yuri – Doctor of Philosophy in pedagogics, Associate professor, Doctorate student of Theory and Methodology of Physical Education Department, Chairperson of the Council of Young Scientists, Luhansk Taras Shevchenko National University

Vice Chief Editors:

Mardar Diana – Doctor of Philosophy in economics, Associate Professor, Department of Marketing, Chairman of the Council of Young Scientists of the Economics and Business Institute, Deputy Chairman of the Scientific Study

Ulchenko Yulia – Chief Librarian Reference-Bibliographic Department, Chairman's assistant of the Informational and Educational and Scientific Issues

Mironenko Tatiana – Secretary of the Council of Young Scientists, Secretary of the conference

E-mail:

naukalnu@gmail.com

E-mail:

proshkin-vl@mail.ru

E-mail:

dragnev@bk.ru

E-mail:

dianam08@inbox.ru

E-mail:

y.kormilets@gmail.com

E-mail:

t.v.mironenko@yandex.ua

N 34

Scientific Youth: Priorities of the World Science. Festschrift of the IV International Scientific-Practical Conference. February, 20, 2014. – Luhansk: "LNU", LLC "Virtualnaya realnost". – 2014. – 168 p.

Festschrift of the IV International Scientific-practical conference 'Scientific Youth: Priorities of the World Science' is served in the published version and consists of various scientific directions: social humanities (history, culture studies, political science, legal science, economic science); physical culture, sports, health, physical rehabilitation; philological science; psychological and pedagogical sciences; natural-geographical, mathematical and technical sciences.

Corrector – Anastasiia Markhotska
Master of Arts in Ukrainian philology,
Specialist of Arts in Ukrainian philology,
English language and foreign literature

Recommended for publishing by the Academic Council of
Luhansk Taras Shevchenko National University
(the Minutes 6 dated January 24, 2014)

ISBN 978-966-492-354-2

Council of Young Scientists, 2014
"LNU", 2014

SY\PWS\CYS

2

Priorities of the World Science

'Substructure'



LNU.2020

Орнума нологукх ҫеренукх

Some of the best materials in various fields of science are presented in the festschrift what are assembled from young scientists.

Young scientists have an opportunity to solve modern problems of world science in modern conditions of modernization of higher education and scientific community in Ukraine, Russia, CIS and abroad.

Every young scientist for its identification in the world scientific space should have their own ORCID, which provides a continuous digital ID and differs from any other researcher, and DOI (digital object identifier) for data communication between scientists.

So, young scientists predicted its scientific future for the next 30 years.

Dragnev Yuri

Chairperson of the Council of Young Scientists
Luhansk Taras Shevchenko National University
ORCID: <http://orcid.org/0000-0002-7415-2248>

SY\PWS\CYS

3

Priorities of the World Science

'Substructure'

16. **Kurbatov Andrey** (P.63-65)
 URL: <http://www.luguniv.edu.ua>
 STATE REGULATION OF EMPLOYMENT IN THE INFORMATIONAL SPACE
17. **Li Xiang Zhen** (P.66-69)
 URL: <http://www.luguniv.edu.ua>
 IDEAS OF MUSICAL PEDAGOGICS OF PAMPHIL YURKEVICH
18. **Likhachova Katerina** (P.70-73)
 URL: <http://btet.luguniv.edu.ua>
 ACTUALITY OF FORMATION OF CORRECTNESS SPEECH STUDENTS OF ECONOMIC SPECIALTIES
19. **Lozhechka Michael** (P.74-78)
 URL: <http://www.luguniv.edu.ua>
 FEATURE SPECIAL TRAINING FUNDS PRIMARY SCHOOL CHILDREN DURING EMPLOYMENT SUMO
20. **Mahmood Hassan Al Warqaa** (P.79-81)
 URL: http://wn.com/university_of_bahrain
 TECHNICAL TRAINING FEATURES OF YOUNG MEN 13-14 YEARS OLD WHO PLAY VOLLEYBALL
21. **Markhotska Anastasiia** (P.82-85)
 URL: <http://www.luguniv.edu.ua>
 POSTMODERN WORLDVIEW TENDENCIES AS THE COGNITIVE ASPECT OF THE LITERATURE CRITICISM
22. **Mirzaev Almir** (P.86-88)
 URL: <http://www.luguniv.edu.ua>
 MOBILE LEARNING AS A SPECIAL FORM OF EDUCATIONAL PROCESS ORGANIZATION IN HIGHER PHYSICAL EDUCATION
23. **Mozhey Natalya** (P.89-92)
 URL: <http://kpfu.ru>
 INVARIANT AFFINE CONNECTIONS ON THREE-DIMENSIONAL HOMOGENEOUS SPACES

24. **Pan Penchen** (P.93-95)
 URL: <http://www.gntc.net.cn>
 ELECTRONIC TUTORIAL AS A MODERN DEVICE OF FUTURE TEACHERS OF PHYSICAL CULTURE EDUCATION IN A HIGH SCHOOL
25. **Pavytska Kateryna** (P.96-99)
 URL: <http://ipv.org.ua>
 MODERN SCIENTIFIC APPROACHES TO THE UPBRINGING OF FUTURE TEACHERS IN RESPECT FOR A CHILD'S PERSONALITY
26. **Poluliaschenko Tatiana** (P.100-103)
 URL: <http://www.luguniv.edu.ua>
 FUNDAMENTALS OF CONSTRUCTION PROCESS OF PHYSICAL TRAINING IN THE RACERS MACROCECLES, WHO SPECIALIZE IN CROSS-COUNTRY ON STAGE INITIAL TRAINING
27. **Ptak Jeffrey** (P.104-105)
 URL: <http://www.indiana.edu>
 THE CONTROL OF VOLLEYBALL PLAYER'S LOCOMOTION
28. **Rudakivska Svetlana, Kulik Oksana** (P.106-110)
 URL: <http://www.kymu.edu.ua>
 URL: <http://www.ihed.org.ua/ua>
 INFORMATION COMPONENT OF ENVIRONMENTAL OUTLOOK FORMATION OF YOUTH
29. **Serdyuk Olexander** (P.111-113)
 URL: <http://www.luguniv.edu.ua>
 FORMATION VALUE ATTITUDE TOWARDS HEALTHY LIFESTYLE SECONDARY SCHOOL PUPILS IN PHYSICAL EDUCATION
30. **Shcherbanov Stanislav** (P.114-116)
 URL: <http://btet.luguniv.edu.ua>
 ECONOMIC ASPECTS OF THE PROBLEMS OF RAW MATERIALS IN UKRAINE



Lecturer, Department of Olympic and professional sports

The Institute of Physical Education and Sports

Chairman of the Council of Young Scientists of the Institute of Physical Education and Sports

Luhansk Taras Shevchenko National University

E-mail: lozhechka@mail.ru

Lozhechka Michael

Published: 20 february 2014

© Luhansk: "LNU". The Author(s). Scientific Youth\SY\PWS\CYS\UA.IC-S1\LNU_2020

FEATURE SPECIAL TRAINING FUNDS PRIMARY SCHOOL CHILDREN DURING EMPLOYMENT SUMO

Abstract. Studies have identified the main means of special sports training sumo. Characterized special drugs can serve as the organization of training sessions with children of primary school age in the course of employment sumo.

Keywords: sumo, special means, process, training, children.

Анотація. В ході досліджень були визначені основні спеціальні засоби спортивної підготовки сумоїстів. Охарактеризовані спеціальні засоби можуть служити в організації тренувальних занять з дітьми молодшого шкільного віку в процесі занять сумо.

Ключевые слова: сумо, спеціальні засоби, процес, підготовка, діти.

Анотація. У ході досліджень було визначено основні спеціальні засоби спортивної підготовки сумоїстів. Охарактеризовані спеціальні засоби можуть служити в організації тренувальних занять з дітьми молодшого шкільного віку в процесі занять сумо.

Ключові слова: сумо, спеціальні засоби, процес, підготовка, діти.

Introduction

Currently, sumo is gaining popularity, both in our country and abroad. Children and youth practice sumo actively.

Despite the fact that accumulated vast experience training fighters in sumo in our country is very little attention paid to the development problems of training sumo from a scientific point of view. This is confirmed by the analysis of literature materials, this problem was considered in S. V. Praottseva and A. E. Tsvirova where these authors describe professional sumo wrestling and sports, especially life, training, events professionals, rules, rituals, sumo, and uncovered the problem of formation and development of sumo [5]. In the works of L. M. Morachevoy the basic knowledge about sumo is only disclosed in form of summary. His writings described the history and development of traditional Japanese fighting on separate historical stages [2]. His work revealed organizational and institutional framework of the sport, competition and training practice, ceremonial and ritual aspects of daily life wrestlers.

In this context, especially important to use effective means of special training in working with children of primary school age. Available in theory and methods sumo lack of information regarding this issue, determine the relevance of our research.

Results and Discussion

To achieve the goal from September 10 to December 3, 2013 on the basis of a sports club „Hercules” conducted a study to determine the content of training sessions 7-9 - summer sumo. Most athletes just from this club are winners of various national and international competitions.

The study has been used traditional classification exercise [1,4]. Analysis of the results revealed that in sumo training 7-9 - summer athletes use the following special exercises:

1. Sicko – it is alternate lifting legs to the side, up to the maximum height. At the top is required to fix the leg and try to hold it in this position as long as possible. After each exercise wrestler squats on his haunches and exhales.

2. Sinkyaku – is the position when wrestler who is in deep squat transfers weight from one foot to the other, with the maximum concentration on his leg, which is not a reference.

3. Kinsey – it is the low crouching wrestler while his arms in hand, repeating the motion swimmer breaststroke swimmer.

3.1. Kinsey – Option 2 – is the kinsey performed using a partner who oppresses the top fighter, having rested one hand mawashi, and the other in the neck Presses and swinging his body back and forth.

4. Kosivari – is the position when fighter rests her hands on her hips and low squats, trying to straighten the elbows.

5. Suriasi – it is position in what wrestler, squatting and stretching out his arms, bent at the elbows, moving, alternately pushing forward leg without taking your feet off the floor. Goal of this exercise is to move leaps forward thrust both legs.

5.1. Suriasi Option 2 means the situation when wrestler performs suriasi but with rubber weights tied to his arms and legs and attached to the arms and legs of the same name overtaking partner.

5.2. Suriasi – Option 3 – is the suriasi resistance training partner, who struggled from behind holding a wrestler's mawashi.

5.3. Suriasi – Option 4 is the suriasi with weights as an element from a bar or a heavy bag that holds the wrestler on bent arms.

6. Matavari means: in a sitting position wrestler spreads her legs to the sides as wide as possible (twine) and performs tilts forward, trying to touch the floor belly. Typically, this exercise is carried out with the help of partners that keep your feet and put pressure on the back when bending.

6.1. Matavari – Option 2 – means tips partner sitting in the splits fighter not forward until it touches the floor breasts and to the side, trying to put the entire lateral surface of the body on the same hip.

7. Teppo: wrestler puts a wooden post (wall, tree, wall bars, etc.) in the elbow bent lunge forward with the same leg, and then suddenly straightens the arm. It is performed in a standing position, often with weights on the hands or feet in the form of special bracelets.

8. Mukade („centipede“): wrestlers are lined up in the back of each other, holding standing in front of the mawashi and poluprisede move in a circle without lifting your feet off the floor. Sometimes the coach as a barrier keeps the pole at a certain height at which the wrestlers are required to pass.

9. Tsuppari: is performed in form of interaction at a fast pace. Offensive alternately one or the other hand with a force pushing an

opponent in the chest, and the defender, stepping back, throws his hands blows outside.

10. Butsukari geiko requires two statements: partner leans forward on the edge of Doha, his arms out to the side and thrust forward leg. Attacking with a running start in two or three steps „bumps“ in the partner and focusing head and hands in the torso pushes it, overcoming resistance to the opposite edge of Doha. Then they abruptly turn and repeat the exercise in the opposite direction.

11. Korobikatais means practicing the art of falling. Sometimes it is performed in conjunction with exercise butsukari geiko. The defender stays in the center of Doha and jerk gripping the back of his neck makes the opponent perform a roll forward and land on his back. This exercise is well known to all the fighters involved in Sambo and Judo and nothing is different.

12. Sanban geiko: there are series of training bouts of endurance and willpower production. There are various options:

13. „On a winner“ - wrestler, winning all of his opponents in a row all the time is to Doha as long as not lose the fight. Then becomes being replaced by the winner.

14. Series of battles 10 fold (10, 20, 30) between the two rivals - a series of clashes between the two rivals, which is held up until one of them refuses to continue the fight.

Conclusions

1. As the analysis of the literature and confirms the experience of coaches, the composition of funds athletic training formed taking into account the features of a particular sport, which is the subject of sports specialization.

2. In experimental studies have been identified and characterized the special tools that are traditionally used in the preparation of 7-9 - summer sumo.

References

[1] Волков Л. В. Теория и методика детского и юношеского спорта [Текст] : учебник для студ. вузов физ. культуры и фак. физ. воспитания вузов / Л. В. Волков. - К. : Олимпийская литература, 2002. - 293 с.

[2] Иванов О. Сумо: живые традиции древней Японии / О. Иванов. - Пермь: Агентство «Стиль-МГ», 2004. 288 с.

[3] Морачёва Л. М. Основы сумо / Л. М. Морачёва, С. В. Праотцев, А. Е. Цвилов. - М. : Япония сегодня, 2001. - 77 с.

[4] Платонов В. Н. Система подготовки спортсменов в олимпийском спорте. Общая теория и ее практические приложения / В. Н. Платонов. – Киев : Олимп. лит., 2004. – 808 с.

[5] Праотцев С. В. Сумо – мифы и реальность / С. В. Праотцев, А. Е. Цвигов – М.: Известия, 2000. – 281 с.

Cite this article as:

Lozhechka M. Feature Special Training Funds Primary School Children During Employment Sumo / M. Lozhechka // Scientific Youth: Priorities of the World Science. Festschrift of the IV International Scientific-Practical Conference. February, 20, 2014. – Luhansk: "LNU", LLC "Virtualnaya realnost", 2014. – P. 74–78.

Received: 10.01.2014

Published: 20.02.2014

Review material:

Dragnev Yuri — Doctor of Philosophy in pedagogics, Associate professor, Doctorate student of Theory and Methodology of Physical Education Department, Chairperson of the Council of Young Scientists, Luhansk Taras Shevchenko National University

Scientific publication

Scientific Youth

**IV International
Scientific-Practical
Conference**



Priorities of the World Science

The festschrift is planned to include in such international databases:

Russian Science Citation Index (RSCI)

Index Copernicus, Scopus

Responsibility for the content of materials and it's translation into English is placed on the authors and their scientific advisors

Cover photo is taken from the site:

<http://www.macosxtips>

Corrector - *Anastasiia Markhotska*

Master of Arts in Ukrainian philology, Specialist of Arts in Ukrainian philology, English language and foreign literature



The original-model and cover design - Dragnev Yuri

Subscribed to the publishing 24.01.2014

Format 60x84 1/16. Paper offset. Headset Cambria

Publishing the risograph of conventional print l. with just 12.84.

Printing of 100 copies. Deputy. № 85.